



ZOOM Australian Society of Sex Educators Researchers & Therapists Education Meeting:

TUESDAY 23rd SEPTEMBER 2025: 7PM to 8.15PM Sydney Time

INTERGRATION OF ART THERAPY AND SEXUAL THERAPY

PRESENTER:

Tash Brockwell is an Art Therapist, Play Therapist, Counsellor, and Sex Therapist. She holds an Advanced Diploma in Transpersonal Art Therapy, a Graduate Certificate in Counselling, a Bachelor of Education (Early Childhood), and a Master of Sexology. With over eight years of experience in counselling and art therapy, Tash brings both professional expertise and lived experience as a neurodivergent therapist with ADHD and as a proud mother of two autistic adults. She is deeply passionate about supporting LGBTIQ+ young people and creating inclusive, creative spaces for healing and growth. Outside of her practice, Tash's love for Barbie, LEGO®, and sharks reflects her playful spirit and unique approach to therapy.

Integration of Art Therapy and Sexual Therapy

This presentation invites participants to explore how art therapy can be woven into sexual therapy to create a safe, creative, and holistic space for clients. Through hands-on examples and real-world case insights, I will look at how art-making can open conversations around intimacy, identity, and sexuality in ways that feel less intimidating and more empowering. Participants will discover practical tools and techniques that can be used to support clients in expressing feelings, building self-awareness, and strengthening communication. By combining the creativity of art therapy with the depth of sexual therapy, I will highlight new opportunities for growth, healing, and connection in therapeutic practice.

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AUSTRALIAN SOCIETY OF SEX EDUCATORS
RESEARCHERS AND THERAPISTS

REGISTRATION FORM

CONTINUING PROFESSIONAL DEVELOPMENT POINTS

Australian Society of Sex Educators Researchers & Therapists Board has approved 1.25 CPD points to this activity. Other professionals need to contact their professional bodies to ascertain if they approve this activity for Continuing Development Points.

REGISTRATION DETAILS

Name:

Email:

This meeting is ONLY for Health Professionals

Please tick box: I am a health professional.

☐

COST:

ASSERT MEMBERS FREE

NON-ASSERT MEMBER \$25.00

Please make payment to:

ASSERT

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PLEASE PLACE YOUR NAME IN THE DESCRIPTION SECTION

Australian Society of Sex Educators Researchers & Therapists Incorporated (ASSERT) is a not-for-profit, national professional organisation that represents counsellors, therapists, nurses, social workers, psychologists, doctors, psychotherapists, educators and other healthcare professionals involved in the field of human relations, especially sexology in Australia.

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