



ZOOM Australian Society of Sex Educators Researchers & Therapists Education Meeting:

THURSDAY 6TH NOVEMBER 2025: 7PM to 8.15PM Sydney Time

**APPLYING FOCUSING (PARTICULARLY GENDLIN'S VERSION, TO HELP
CLIENT'S ACCESS DEEPER SELF-AWARENESS AND FACILITATE
EMOTIONAL HEALING**

PRESENTER:

Jeremy J Barbottis is an experienced psychotherapist, hypnotherapist & sex therapist with a passion for integrative and experiential therapies. With over 20 years of clinical practice, Jeremy has specialised in the application of focusing, particularly Gendlin's version, to help clients access deeper self-awareness and facilitate emotional healing.

Applying focusing (Gendlin's version) in counselling/therapy sessions)

Join Jeremy J Barbottis for an engaging and insightful presentation on focusing, a powerful therapeutic technique developed by Eugene Gendlin. This session will explore the core principles of focusing and its practical applications in clinical practice. Attendees will learn how to guide clients through the focusing process, enhance their self-awareness, and support emotional healing. The presentation will also include practical exercises and a live demonstration to help integrate these techniques into your practice.

ASSERT is a professional members organisation.

ASSERT is committed to providing quality education, workshops, conferences and clinical supervision for ASSERT members at no or low costs. ASSERT expects and supports ASSERT members to continue their professional education and professional development.



REGISTRATION FORM

CONTINUING PROFESSIONAL DEVELOPMENT POINTS

Australian Society of Sex Educators Researchers & Therapists Board has approved 1.25 CPD points to this activity. Other professionals need to contact their professional bodies to ascertain if they approve this activity for Continuing Development Points.

REGISTRATION DETAILS

Name:

Email:

This meeting is ONLY for Health Professionals

Please tick box: I am a health professional.

COST:

ASSERT MEMBERS **FREE**

NON-ASSERT MEMBER \$25.00

Please make payment to:

ASSERT

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PLEASE PLACE YOUR NAME IN THE DESCRIPTION SECTION

Australian Society of Sex Educators Researchers & Therapists Incorporated (ASSERT) is a not-for-profit, national professional organisation that represents counsellors, therapists, nurses, social workers, psychologists, doctors, psychotherapists, educators and other healthcare professionals involved in the field of human relations, especially sexology in Australia.

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